


FREE STYLE SCHEDULE: August 2023

30-minute Sessions (Dates & Times are Subject to Change)



Free Style: This is for Basic 3, Mite Hockey and above skaters/players or individuals taking private lessons with a coach.
 Skaters below basic 3 or hockey players below Mite level are NOT allowed to be on the ice unless they are in a lesson with a coach.
 Sticks and Pucks only allowed on Hockey Free Styles

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
<p style="text-align: center;">UPDATED 6/27/23</p>		1	2	3	4	5		
		Rink 1 6:00-9:00am 9:15-11:45am 3:00-4:30pm 4:45-6:15pm	Rink 1 6:00-9:00am 9:45-11:45am 3:00-4:30pm 4:45-6:15pm Spins 9:15-9:45am	Rink 1 6:00-9:00am 9:15-11:45am	Rink 1 6:00-9:00am 9:15-11:45am 3:30-6:00pm	Rink 1 8:30-10:00am		
		6	7	8	9	10	11	12
		Rink 1 11:45am-1:45pm (Hockey FS)	Rink 1 6:00-9:00am 9:15-11:15am 3:15-5:45pm Tiny Tot/Private Instruction 11:15-11:45am	Rink 1 6:00-9:00am 9:15-11:45am 3:15-5:45pm	Rink 1 6:00-9:00am 9:45-11:45am 3:15-5:45pm Spins 9:15-9:45am	Rink 1 6:00-9:00am 9:15-11:45am	Rink 1 6:00-9:00am 9:15-11:45am 3:30-6:00pm	Rink 1 8:30-10:00am
		13	14	15	16	17	18	19
Rink 1 11:45am-1:45pm (Hockey FS)	Rink 1 5:45-8:15am 2:00-4:00pm 4:15-5:45pm	Rink 1 5:45-8:15am 2:00-4:00pm 4:15-5:45pm	Rink 1 5:45-8:15am 2:00-4:00pm 4:15-5:45pm	Rink 1 5:45-7:45am 8:00-9:30am	Rink 1 5:45-7:45am 8:00-9:30am 2:00-5:30pm	Rink 1 8:30-10:00am		
20	21	22	23	24	25	26		
Rink 1 11:45am-1:45pm (Hockey FS)	Rink 1 5:45-8:15am 2:00-4:00pm 4:15-6:15pm	Rink 1 5:45-8:15am 2:00-4:00pm 4:15-5:45pm	Rink 1 5:45-8:15am 2:00-4:00pm 4:15-5:45pm	Rink 1 5:45-7:45am 8:00-9:30am 5:00-6:00pm	Rink 1 5:45-7:45am 8:00-9:30am 2:00-4:00pm 4:15-6:15pm	Rink 1 8:30-10:00am		
27	28	29	30	31				
Rink 1 11:45am-1:45pm (Hockey FS)	Rink 1 5:45-8:15am 2:00-4:00pm 4:15-6:15pm	Rink 1 5:45-8:15am 3:00-5:30pm	Rink 1 5:45-8:15am 2:00-4:00pm 4:15-6:15pm	Rink 1 5:45-7:45am 8:00-9:30am 5:00-6:30pm		